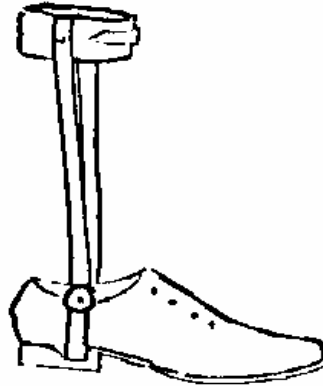


Metal AFO



Care and Use Instructions

1. This orthosis is designed to provide stability to your ankle and foot complex.
2. Depending on the ankle joint chosen, the brace may assist or resist motion. Sometimes it may completely immobilize the ankle foot complex.
3. The advantages of a metal brace over a plastic brace are its ability to accommodate swelling and it is cooler than the plastic brace. Sometimes when very, very high forces are involved the metal brace can be constructed to be extra strong.
4. Metal braces are attached to shoes, so the choice of shoes is limited. However, it is possible to change shoes, but not as easily as if you wear a plastic brace.
5. The leatherwork on the brace can be maintained the same as the shoe. Some soap and water for clean-up. The best is a saddle soap.
6. Sometimes the metal brace can squeak. It is possible to use a lightweight oil, silicone spray, WD40, or Vaseline petroleum jelly to lubricate the joint. If you think the problem is more than that, please make an appointment so we can help you out.
7. If you have any problems or questions with the brace please do not hesitate to contact MOPC @ 800 598 6672 for an adjustment.