

Care and Use for Hip Spica Orthosis



1. This orthosis is designed to immobilize the hip region.
2. This orthosis is used in place of a cast so hygiene tasks can be performed
3. It is recommended to wear a t-shirt on the trunk and stockinette on the thigh. The material acts as a barrier to not stick to the padding of the brace. It is recommended to change the t-shirt and stockinette once a day. The brace itself needs to be cleaned with soap and water frequently to prevent skin irritation.
4. This orthosis is usually worn for approximately 3 months, until the bone heals. Frequent follow-ups with the physician will keep you informed on how things are going and the particular details for your case.
5. If there are problems with the brace please call MOPC at 800 598 6672.