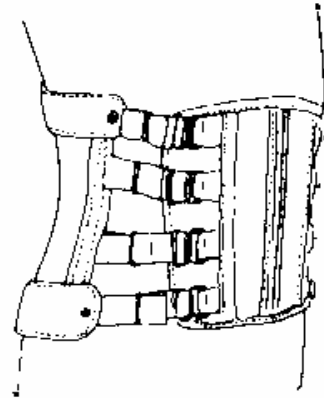


## Chairback Brace



### Care and Use Instructions

1. The chairback brace is designed to provide support for the low back, the lumbar and sacral regions of the spine. It works by restricting motion and providing abdominal compression. The abdominal compression produces a "hydraulic effect" and influences the position of the back.
2. When putting on (donning) the orthosis, always loosen all the straps to maximum looseness.
3. To be sure that the chairback is oriented properly. The lowest part of the front is just at or above your pubic bone.
4. When snapping the chairback, start at the bottom and move up.
5. It is recommended to wear some type of undergarment to protect the chairback from soiling.
6. The amount of time you will wear the chairback brace will be determined by your physician, and it is usually contingent upon your diagnosis.
7. You will decide how tight to wear the chairback after you wear the brace a while. Just remember the brace needs to be snug to work best.
8. Be aware that some of the pinching of the chairback brace is to remind you that you might be doing a motion or you are in a position that is not good for your back.
9. If you have any questions or problems please do not hesitate to call Morgantown O & P at 1 (800) 598-6673.