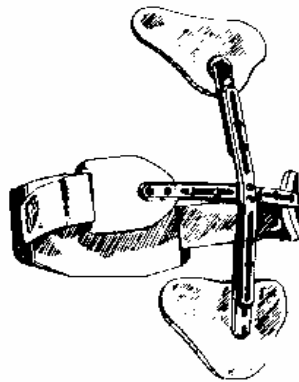


## CASH Orthosis



### Care and Use Instructions

1. This orthosis is designed to keep you from bending (flexing) in the thoracic spine area. It will still allow you to bend at your hips, and hyperextend your back, just not bend forward.
2. The orthosis works by pushing on your sternum and pubic bone in the front and the middle of your back with a back strap.
3. The orthosis should be worn as snug as possible. This way the orthosis will keep your back its straightest, thus better support. It will also keep the orthosis from shifting on the body.
4. This orthosis can get wet with no major problems. The back pad may hold a little bit of water but it will dry overnight. If not, a small towel between the pad and body will protect the back from moisture just fine.
5. It is recommended to wear a t-shirt under the orthosis. It will help absorb perspiration, and keep the plastic pads from sticking to the skin.
6. One of the most common complaints of the CASH is the pressure on the sternum. A simple way to relieve some of the pressure is to place two pads or washclothes, one on each end of the sternal pad. This acts to bridge the sternal bone and push on the chest muscles.
7. If you have any questions or problems, do not hesitate to call MOPC at 1(800) 598-6672 for advice.